

# *The Resistance*

PROVIDING  
INNERSTANDING  
ACROSS THE UNIVERSE

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## **Bio Chemic Salts**

The bio chemic system of medicine calls for the use of twelve tissue salts present in a healthy tissue and blood. Deficiency of these in the body results in sickness.

Administering these salts in potentised form, in which they can be readily absorbed by the body, restores health.

**Calcarea Fluorica:** Cracks in skin, loose teeth, sluggish circulation, stony hardness. Varicose veins, painful legs, hemorrhoids, receding gums, extreme tiredness, cataract. Always give with silicea.

Constitution- weak connective tissue, weak vessels, sensitive skin

**Calcarea Phos:** General debility, malnutrition, anemia, imperfect circulation, bone fractures, rickets, teething disorders, excess mucous or cold, enlarged tonsils and swollen glands, chilblains, skin, cyst, rheumatic pains and swelling of the joints, kidney troubles during pregnancy, menstrual troubles, leucorrhea, growing children and old people. Give with Kali Phos.

Constitution – Narrow hipped, narrow breasted, anemic people.

**Calcarea Sulph:** Pimples, sore throat, cold. Skin eruptions, carbuncles, boils, fistulas, abscesses, ulceration, eczema, gum boils. Urinary disorders. Disorders of pancreas, chronic diarrhea and chronic catarrh, Ovaries and prostrate glands.

Constitution – Unhealthy skin, suppuration, hardenings

**Ferrum Phos:** Congestion, inflammatory pain, high fever. Redness of skin, cut pain bruises, hemorrhages, dull throbbing headaches, insomnia, palpitation of the heart, sore throat, cold, bronchitis, rheumatic pains, lumbago, anemia, inflammation of bladder and kidneys.

Constitution – Slender, slight, lively, nervous and anemic.

**Kali Mur:** sluggish condition, sore throat, white colored tongue, light colored stools, coughs and colds. Second stage of catarrh, inflammations of bronchial tube, swollen glands, mumps, hoarseness, swollen tonsils, stuffy noses, white or grey secretions, sluggish liver, constipation, swellings, rheumatism, skin rashes with scaling, use with Silicea and Kali Sulph.

Constitution – Slim type with weak nerves.

**Kali Phos:** Nervous headaches, ill humor, skin, sleepless, timid. Nervous exhaustion, indigestion, insomnia, headaches, sensitive skin itching, general skin troubles, burning sensation (Arsenic), Take with Ferrum Phos. Brain fag.

Constitution- Slim types with weak nerves.

**Kali Sulph:** Boxed in feeling, stomach catarrh, eruptions on skin and scalp, shifting pains (Puls).

Third stage of inflammations, catarrhal conditions with yellow discharge, bronchitis, loose phlegm, skin eruptions with oily discharge or inactive dry scaling skin, eczema dandruff, hair loss, psoriasis, ring worm, gastro duodenal catarrh, constipation, shifting rheumatism, evening aggravation and by heat.

Give with Kali Phos and Ferrum phos.

Constitution – Rheumatism, nervous disorders, disorders of the joints, Skin.

**Magnesium Phos:** Menstrual pains, stomach cramps, flatulence, neuralgia, sciatica, headaches with darting stab, muscular twitching. Heart troubles, earache, whooping cough.

Give with Ferrum Phos and Kali Phos.

Constitution- Overly nervous, pain sensitive, slim type.

**Natrum Mur:** Low spirits, headache with constipation, heartburn, tooth ache, weak eyes. Skin disorders, watery blisters, cold sores, itching eczema, insect stings, fluid accumulation, dryness of mouth, constipation, indigestion, cracking joints, restless, irritable, painful discharge from the eyes, watery cold catarrh, intermittent chills, sunstroke, fatigue on walking.

Constitution- Anemic and rheumatic types.

**Natrum Phos:** Stiffness and swelling of the joints, rheumatism, lumbago, golden yellow coating on the root of the tongue.

Sour taste in the mouth, flatulence, jaundice, gallstones, diarrhea, bilious disorders, rheumatic pain, gout, worms, kidney and bladder weakness, inflamed or ulcerated throat, gums, exudation from skin sores. Give this before other medicines.

Constitution- nervous, hyperacidity.

**Natrum Sulph:** Influenza, humid asthma, malaria, liver, brownish green coating of tongue, bitter taste in mouth.

Vomiting of bile, gallstones, constipation, diarrhea, grippe and chills, For people who put on weight despite dieting. Worse in wet weather.

Constitution- Corpulent, gouty with liver disorders.

**Silicea:** Smelly feet and arm pits, pus formation, boils, tonsillitis, brittle nails, stomach pains.

Copious night sweats, insufficient perspiration, red eyelids, styes, eye lens, carries.

### **Bio- Chemic Mixtures**

**Mix the five Phos in 3X and three Natrums with the medicines mentioned for each ailment in 3X:**

**Acidity:** Silicea

**Backache:** Calc. Fluor

**Bedwetting:** Natrums and Phos

**Biliousness:** Kali Mur

**Catarrh:** Kali Sulph

**Chilblains:** Calc Fluor

**Colds:** Kali Mur

**Colic:** Calc Fluor

**Constipation:** Kali Mur

**Convalescence:** Only five Phos

**Coughs:** All twelve

**Croup:** Kali Mur

**Diarrhea :** Calc sulph + Kali Mur

**Ear:** Calc. Sulph + Kali Mur

**Eyes:** Silicea

**Fever:** Kali Mur + Kali Sulph

**Hair:** Kali sulph

**Hemorrhoids:** Calc. Fluor

**Headache:** take all twelve

**Indigestion:** Kali Sulph

**Influenza:** Kali Sulph

**Lumbago:** Calc Fluor

**Menstruation:** Kali Mur

**Rheumatism:** Silicea

**Sinus:** Cal Fluor + Kali Sulph

**Skin:** All twelve

**Insomnia:** Five Phos Only

**Stress:** Five Phos Only

**Sore Throat:** All twelve

**Teeth:** All twelve